

Murrayfield Ice Skating Club

MISC- Beginner/UK Skate COMPETITIONS

Sunday 5th June 2016

| <u>CAFÉ END</u> | | <u>CHANGING ROOM END (skate hire)</u> |
|--|--|---------------------------------------|
| Panel A | Warm up in center section of the ice rink Warm up is progressive and approximately 10 minutes before the start time of the competition. Coaches & officials will advise you. | Panel B |
| 4.35pm Warm Up (Event No.07) | | 4.35pm Warm Up (Event No. 03) |
| 4.45pm No. 07 Level 7 | | 4.45pm No. 04 Level 4 |
| 5.00pm No. 05 Level 5 | | 4.53pm No. 03 Level 3 |
| 5.10pm No. 01 Level 1 | | 4.55pm No. 08 Level 8 |
| 5.18pm No. 06 Level 6 | | 5.10pm No. 09 Level 9 |
| 5.28pm | | 5.18pm No. 02 Level 2 |
| | | 5.25pm No. 17 Adults 1-5 |
| Panel C | <u>HALF ICE</u> | |
| 5.30pm No. 18 Adults 6-10 | Warm up on Center Ice (with level 6 & 2) | |
| 5.35pm No. 10 Level 10 | Warm up on 1/3 of the ice at the skate hire end of the rink | |
| 5.50pm No. 11 Bronze | | |
| 6.05pm No. 12 Silver Star | | |
| Dance Panel | <u>FULL ICE</u> | |
| 6.10pm No. 16 Pat Dance Under 21 No. 20 Pat Dance Over 21 | 3 minute warm up with music 1 group Competition 2 skaters one at each end of rink | |
| Free Panel | | |
| 6.20pm No. 19 Adults Star Competition | 3 minute individual warm up - 1 group (4) | |
| 6.30pm No. 13 Gold Star | 3 minute individual warm up - 2 groups (5/5) | |
| 7.00pm No. 14 Gold Star + | 3 minute individual warm up - 2 groups (5/6) | |
| 7.30pm No. 15 National Level | 3 minute individual warm up - 1 group (4) | |
| | | |
| 7.45pm PRESENTATIONS | | |
| 8.20pm Finish | | |

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £2.00

Children/Concessions £1.00